

DIABETES MANAGEMENT RECOMMENDATIONS
DURING PREPARATION FOR AND AFTER
COLONOSCOPY

It is very important to monitor your blood glucose levels carefully during the day before and morning of colonoscopy. Also, you should be sure to drink extra fluids the day before the procedure. When on clear liquids, be sure to alternate with drinks containing carbohydrates/calories (drinks with sugar in it).

Long-acting oral diabetes medications: _____ Hold the evening before and the morning of colonoscopy.

Tresiba: Three days prior to procedure cut the dose in 1/2 to avoid hypoglycemia.

Lantus/Levemir: Take only half the dose the evening before the colonoscopy.

Byetta-do not take the evening before colonoscopy

Insulin Pump: continue basal rate during the day before the colonoscopy.

Hold your morning dose of insulin and bring short acting insulin with you to the colonoscopy.

If you have any questions or concerns please call Hampshire Gastroenterology at 413-586-8910.